August 2022

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1/an

Bad Poem



Buzz, buzz Slap Missed me

Buzz, buzz Bite Yum

Buzz, buzz Slap

....



Lemongrass

Lose yourself in my citrusy perfume. Not acid like the lemon. Rings and rings and rings of crisp, clean bliss. 11.00 Mosquitoes hate it. What better endorsement do you need?

Galangal & Lemongrass Tea

1 inch galangal root, crushed 5-6 lemongrass leaves 2.25 cups water 2 black tea bags sugar as required milk as required

In a pan, add the water, galangal, and lemongrass. Add sugar also and boil this mixture for a couple of minutes.

Place the tea bags in this concoction and boil for a few more minutes.

Add milk.

And boil for a minute.

Strain the tea and serve galangal tea with your morning breakfast or evening snack.

Rant



Shameless plugs

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